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<h2>Get Your Groove Back </h2>

<p>Get ready for the new Curves® Circuit with Zumba Fitness®. The only 30-minute class that mixes the moves of Zumba® with the proven strength of training of Curves for a wildly effective workout. You’ll tone up, burn hundreds of calories, and have so much fun you won’t even realize you’re working out! Classes are filling up quickly.</p>

<p><embed height="311" width="510" allowfullscreen="true" allowscriptaccess="always" src="http://www.youtube.com/v/kqyrAo45aOE?fs=1&hl=en_US&color1=0x006699&color2=0x54abd6;rel=0&autoplay=1" type="application/x-shockwave-flash"></embed></p>

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